# Tallgrass Animal Acupressure Institute Program Catalog



Volume No. 6 October 2018

# **Tallgrass Animal Acupressure Institute Program**

Tallgrass has served the human and animal community for over 28 years through acupressure manuals, meridian charts, videos and its Hands-on and Online training program. We are constantly expanding our programs and products to increase everyone's knowledge of acupressure and other forms of energetic medicine. Our intent is to provide the best learning tools and training program to give animal guardians, trainers, and healthcare practitioners access to this powerful healing modality.

The goal of practicing acupressure is to restore, replenish, and maintain the natural harmony and balance needed in animal and human bodies to create optimal health and well-being.

Conventional western and eastern medicines' scientific studies and clinical observation have:

- Proven that acupressure can:
- Relieve muscle spasms
- Build the immune system
- Benefit chronic health issues
- Strengthen muscles, tendons, joints, and bones
- Balance energy to optimize the body's natural ability to heal
- Release natural cortisone to reduce swelling and inflammation
- Release endorphins necessary to increase energy or relieve pain
- Enhance mental clarity and calm required for focus in training and performance
- Resolve injuries more readily by increasing the blood supply and removing toxins.

Tallgrass Animal Acupressure Institute (hereinafter referred to as the School) offers the finest and most comprehensive training in Traditional Chinese Medicine, Acupressure and massage for students training and is staffed with qualified, approved instructors. The school is owned by Tallgrass Publishers, LLC of Colorado. The owners of the school are Nancy Zidonis and Amy Snow.



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Tallgrass Animal Acupressure Institute is Approved and Regulated by the Colorado Department of Higher Education, Private Occupation School Board



# The Faculty Member of the School include:

Amy Snow, Instructor of Hands-On & Advanced Courses
Nancy Zidonis, Online Course Development & Management
Jill Golgosky, Instructor of Hands-On Courses
Kathi Soukup, Instructor of Hands-On Courses
Dr Bill Harnetty, Instructor of Acupoint & Anatomy & Pathology

# Program Offered - Practitioner & Certification Program

Equine or Small Animal Acupressure Certificate Training Program 378 Hours Occupational Objective: The graduates would be able to acquire an entry-level position in Equine or Small Animal Acupressure Massage or start their own business.

Welcome to Tallgrass Animal Acupressure Institute; we are glad you are interested in offering animals a balanced, healthy life – the animals will be happy, too!

Whether you are interested in taking care of your own horses, dogs, and cats or you are considering animal acupressure as a career, we look forward to sharing one of the most deceptively gentle, safe, non-invasive, and extremely powerful ancient healing arts that has been used for animals for 1000s of years.





When you register for the full Tallgrass Equine or Small Animal Acupressure Massage Program, there are two Hands-On and eight Online Courses available within the Program. This self-paced, and pay as you progress study program offers a self-directed program and a payment schedule that meets your needs.

Everyone can participate in any of the Tallgrass courses to learn what they want to learn about animal acupressure.

Many Tallgrass Equine and Small Animal Acupressure Courses are PDA approved by the National Certification Commission for Acupuncture & Oriental Medicine (NCCAOM).

Please review the following explanation of how a participant can proceed in acquiring Practitioner Training.

# **Practitioner Training Program**

Hands-On Studies: Within the Small Animal or Equine Acupressure Massage Program
There are Two Hands-on Studies



# Introduction to Equine or Small Animal Acupressure 2 Days / No prerequisite

This hands-on part of the program offers you the ability to perform a complete acupressure session protocol and an understanding of the Traditional Chinese Medicine (TCM) concepts and theories underlying acupressure. Since Acupressure is based on TCM, we will explore this ancient science and guide you in learning how to help your animals feel their best. There are no prerequisites. The segment of the Program covers:



- Awakening Healing Energy Exercises
  - Traditional Chinese Medicine concepts and theories
- Understanding the Nature of Horses, or Dogs & Cats
  - Sharpening Observation Skills
- Complete Hands-on Acupressure Session Protocol
- Overview of the Meridian System & Meridian Theory
- Association and Source Point Function and Use
- Specific Key Acupressure Points
- Analytic Methods of Observing the Animal & its Environment
- Hands-on experience in performing a complete Session



# Equine or Small Animal Meridians & Specific Conditions 1 & 2 / Hands-on Training

4 Days / Prerequisite - Overview to TCM & Meridian Theory Online

In this hands-on part of the program you learn to trace each of the 12 major meridians and 2 extraordinary vessels in detail, locating many specific acupoints used for common conditions. This segment of the program brings it all together to create the complete conceptual and practical application of animal acupressure massage. This segment of the Program covers:

- Awakening Healing Energy Exercises
- Discerning Patterns of Disharmony
- Overview of the Meridian System & Meridian Theory
- Specific Key Acupressure Points
- Advanced Meridian Theory
- 5-Element point selection technique using Command points
- Advanced Point Work Techniques
- Case Study practice assignments
- Hands-on Acupressure Session Planning and Protocol

#### Tui Na: Chinese Meridian Massage - Stand Alone Hands-On Course - ELECTIVE COURSE

This 2-day hands-on class offers theory and hands-on skills entailing the massage form of Tui Na. Students will learn ten (10) specific massage techniques that are used in this meridian massage form. Specific acupoint massage technique as well as meridian massage techniques are presented. Pre-requisites for the course include a working knowledge of the Meridian System and Traditional Chinese Medicine concepts.

Fee: \$425.00

# Within the Small Animal or Equine Acupressure Massage Program There are a Series of Eight Online Studies:

#### Online

#### 1. Overview of Traditional Chinese Medicine

This Overview covers the basic underlying concepts of Traditional Chinese Medicine (TCM): Yin/Yang Theory in relation to the animal body and assessment of conditions; Meridian Theory and the meridian system; The Five-Element Theory; the internal organ systems, zang-fu organs in relation to the body; and, how the vital substances function within the body. This course provides an understanding of how the Chinese perceived of the living body and offers tools for assessment and session work. A Certificate of Completion is available upon completion of the online quizzes following each of the 8 units, and a two-part final examination.

#### 2. Meridian Theory

The Meridian Theory courses offer an in-depth understanding of how the meridians function within the animal's body. The more you learn about the meridian system and their location, the better your working knowledge of acupressure -- your assessment skills and point selection for acupressure sessions will be more effective. The course covers the 12 major meridians and 2 extraordinary vessels. **Certificate**: A Certificate of Completion is available after successfully passing 8 unit quizzes and the final examination.

#### 3. 5-Element Theory

This course provides an in-depth description of the correspondences and officials of the five elements: Wood, Fire, Earth, Metal, and Water. It discusses how the Theory is applied to Chinese Medicine for both assessment and treatment purposes. Additionally, the course demonstrates a point selection technique that can be used during the Point Work segment of the acupressure session protocol. **A Certificate** of Completion is available upon completion of the online quizzes following each of the 9 units and the final examination.

- **4. Acupoint Classification** these courses provide the student with the in-depth theoretical base needed to understand the functions of the meridians, 5-Element Theory, and how to use acupoints which is the TCM tool box. **A Certificate** of Completion is available after successfully passing 8 unit quizzes and the final examination.
- **5. Canine or Equine Landmark Anatomy and Acupoint Energetics –** The course covers basic anatomy with an emphasis on point location, function, and energetics. Written by Dr Bill Harnetty of Hocking College and Tallgrass Animal Acupressure Institute. **A Certificate** of Completion is available after successfully passing the unit quizzes and final examination online.
- **6. Indicators & Assessment** where you will learn more techniques for assessing the animal's condition. As a Practitioner, you will need to be able to identify patterns of disharmony and be knowledgeable and efficient in your point selection. **A Certificate** of Completion is available after successfully passing 8 unit quizzes, final examination, and case study.

#### 7. Equine Pathology or Canine Pathology

Prerequisite: 1 Introductory CourseThe Equine Pathology course provides an overview of common equine pathologies. Each pathology is discussed and includes a description of the issue, its clinical signs, treatment patterns and information on prevention. This course provides equine bodyworkers with additional tools and information to help them asses the horse and recognize conditions requiring immediate veterinarian attention. Video demonstrations of equine handling and safety procedures are included in this course. **A Certificate** of Completion is available after successfully completing the unit quizzes and final examination online.

#### 8. Practicum / Proficiency Verification / Case Studies

This is the culmination of the Practitioner's studies. As the final step to becoming a Tallgrass Animal Acupressure Institute Practitioner Program Practitioner, each participant is required to either sit for a

1-day Practicum which includes a written and a Hands-On portion or submit videos that cover this material as well as complete an online exam of multiple choice and essay questions. Participants receive a review study sheet prior to taking their examination.

#### School Calendar:

Online studies are available to students at any time throughout the year. Students work at their own pace and it is suggested that students complete each online course within a 90 day time frame.

Hands-on studies are provided throughout the year in Colorado and other locations across the country. Please see the current Tallgrass Animal Acupressure Institute Training Schedule for class dates. It is suggested that students complete the hands-on and online courses within an 18 - 24 month time frame.

# **Program / Course Costs: Educational Services**

### **Equine or Small Animal Acupressure Massage Program - Hands-On Courses**

Upon enrollment into either the full Equine or Small Animal Acupressure Massage Program, the following classes are available. This self-paced, and pay as you progress study program offers a self-directed program and a payment schedule that meets your needs. The cost of the entire program is \$3,375. The individual costs are shown below.

Fee	Tuition/Fee	<b>Books/Supplies</b>
Introduction to Equine or	\$375	\$46.50 (optional)
Small Animal Acupressure	ψο, σ	φ (σραστιαί)
Meridians & Specific Conditions	\$850	\$53.50(optional)
1 & 2 / Hands on Training		

### **Equine or Small Animal Acupressure Massage Program - On-Line Courses**

Course / Fee Overview of TCM	Registration -0-	Tuition/Fees \$250	Books/Supplies -0-
5 day course 12 lessons, quizzes & final exam	-0-	φ230	-0-
Meridian Theory 4 day course 8 lessons, quizzes & final exam	-0-	\$275	-0-
5-Element Theory 5 day course 8 lessons, quizzes & final exam	-0-	\$275	-0-
Acupoint Classification 4 day course 9 lessons, quizzes & final exam	-0-	\$275	-0-
Acupoint Energetics and Landmark Anatomy 5 day course 16 lessons, quizzes & final exam	-0-	\$300	-0-
Equine/Canine Pathology 5 day course 22 lessons, quizzes & final exam	-0-	\$325	-0-
Indicators & Assessment 5 day course 16 lessons, quizzes & final exam	-0-	\$325	-0-
Practicum/Proficiency Verification 1 day course 5 lessons, video/presentation / final exam:	-0- s/Case Studies	\$125	-0-

#### **Entrance Requirements**

The school does not discriminate based on race, sex, religion, ethnic origin, or disability. Prospective students must have a high school diploma or equivalency diploma to be accepted for enrollment. If applicants are beyond the age of compulsory school attendance in Colorado and do not possess a diploma or equivalency diploma, they may complete an ability to benefit test approved by the Colorado Department of Higher Education. The school does not administer the test, but will provide information on availability when requested.

#### **Enrollment Procedures**

Prospective students may enroll anytime.

#### **School Holiday Observance**

School Holidays are observed on Christmas Day and New Years Day.

### **Postponement of Start Date**

Postponement of a starting date, whether at the request of the school or the student, requires a written agreement signed by the student and the school. The agreement must set forth:

- a. Whether the postponement is for the convenience of the school or the student, and;
- b. A deadline for the new start date, beyond which the start date will not be postponed.

If the course is not commenced, or the student fails to attend by the new start date set forth in the agreement, the student will be entitled to an appropriate refund of prepaid tuition and fees within 30 days of the deadline of the new start date set forth in the agreement, determined in accordance with the school's refund policy and all applicable laws and rules concerning the Private Occupational Education Act of 1981.

#### **Cancellation Due to Inclement Weather**

If a class needs to be cancelled due to inclement weather, students will be notified as quickly as possible. Rescheduling of class will be completed immediately and students will have the choice to take the rescheduled class or receive a full refund.

#### **Placement Assistance**

Tallgrass Animal Acupressure Institute offers employment assistance to graduates, consisting of job lead referrals and job skills development. While assisting in your job search, we make no guarantee, expressed or implied, of future employment. Current law prohibits any school from guaranteeing job placement as an inducement to enroll students.

#### **Attendance Requirements**

Students are expected to arrive on time for class with proper materials. An overall attendance rate of at least 95% is required. Instructors may request your withdrawal from a course or program if absences or tardiness exceed 80%.

Students who are unable to continue classes for medical reasons or severe personal problems will be required to take a leave of absence until they are able to return to class. Proper documentation will be required to substantiate a student's withdrawal.

#### **Progress Policy**

Students must maintain a 90% grade average. Those who do not will have 30 days to raise their grade average to passing or higher. The student may be terminated if grades are not satisfactory at the end of the 30 day period. Termination shall be at the school Director's discretion. The Director has final authority and shall notify the student of the final decision.

Every six weeks, progress reports with grades will be issued to students throughout the program. Students enrolled in short-term courses will be issued grades at course end. Also, students may view their grades online at their convenience.

#### **Conduct Policy**

All students are expected to act maturely and are required to respect other students and faculty members. Possession of weapons, illegal drugs, and alcohol of any kind are not allowed at any time on school property or training sites. Any violation of school policies may result in permanent dismissal from school. Student may be asked to leave class for any such violations.

#### **Dismissal**

Any student may be dismissed for violations of rules and regulations of the school, as set forth in school publications. A student also may be withdrawn from classes if he or she does not prepare sufficiently, neglects assignments, or makes unsatisfactory progress. The director, after consultation with all parties involved, makes the final decision.

The Director of Education may temporarily suspend students whose conduct is disruptive or unacceptable to the academic setting. After appropriate counseling, students who demonstrate a genuine desire to learn and conform to school standards of conduct, may be allowed to resume attendance. The director will review each case and decide upon re-admittance.

#### **Facilities**

The school administrative offices are located at 12420 Blue Terrace Way, Castle Rock, CO. Our larger class equine and canine site is in Littleton, CO at Happy Dog Ranch, 7811 West Titan Rd 80125, or other equally equipped facility.

#### **Previous Credits**

Credits from another institution will be evaluated on a case-by-case basis. Tallgrass Animal Acupressure Institute does not guarantee transferability of our credits to another institution unless there is a written agreement with another institution.



#### **Grievance Policy**

A student who has a question or concern about a decision, act or omission of a member of the staff of the Faculty of Tallgrass Animal Acupressure Institute that affects their academic experience should follow the steps set out below.

**Stage 1 - Informal discussion with person(s) directly involved** You should first approach the person(s) directly involved as soon as possible to discuss any question or concern. For example, you might approach your:

- Course Instructor for an explanation of a mark awarded for an assessment task;
- Course Instructor where there is an issue or concern about supervision;

You might then seek advice informally from other appropriate persons in the Faculty.

**Stage 2 - Formal grievance resolution by Faculty** Where an issue or concern is not resolved informally by directly approaching appropriate Course Instructor under Stage 1, you may take the following steps to have the matter formally resolved.

#### Step 1

You may refer matter, in writing, to the Program Supervisor. Your written statement should include:

- · your name and contact details;
- the nature of your grievance, any specific issues involved and the form of resolution that you are seeking;
- be lodged with the Program Supervisor within twenty-one (21) days of the decision, act or omission about which you are complaining or of receiving your mark for an assessment task or a final result or grade awarded for a subject.

(if unresolved)



#### Step 2

You may refer the matter, in writing, to the Director of Student Activities within fourteen (14) days of receiving a response from Instructor.

**Note:** If a person specified in one of these steps is involved in the grievance, the matter will be referred directly to the next specified person.

**Stage 3 - Referral to In State Agent** If the matter is not resolved by the Faculty under Stage 2, you may refer the matter, in writing to the In State Agent for consideration within fourteen (14) days of receiving your final response from the Faculty. The Dean of Students may:

- 1. refuse to take the matter further if there are insufficient grounds for the grievance;
- 2. conciliate the matter; or
- 3. decide whether the Faculty has failed to observe "due process" in dealing with the grievance.

"Due process" means your procedural rights under this or other policies, your right to be given a fair hearing and your right to have your case decided by someone who is not biased.

Where the In State Agent decides that the Faculty has not followed due process, she may decide to refer the matter back to the Faculty for reconsideration of the matter or make a decision regarding the matter.

#### Stage 4 - Appeal to Academic Grievance Committee

After you have gone through the processes explained above, you may appeal to the Academic Review Committee if you believe that there has been a failure to follow due process in Stages 2 or 3, or relevant new or additional information is available to you.

You must lodge your appeal in writing with the In State Agent within fourteen (14) days of receiving written notification of the decision. The In State Agent will either: refer the matter to the Academic Review Committee where the appeal is based on lack of due process; refer the matter back to the Director of Student Activities where the appeal is based on relevant new or additional information; or refuse to take the matter further where the appeal is not based on lack of due process.

Where the Academic Grievance Committee hears the matter and decides that the Faculty or Director of Student Activities has not followed due process, it will generally refer the matter back to the Faculty or Director of Student Activities for reconsideration. The Committee will not reconsider the matter itself.

#### **Student Complaints**

Attempting to resolve any issue with the School first is strongly encouraged. Student Complaints may be brought to the attention of the Division of Private Occupational Schools online at <a href="http://highered.colorado.gov/dpos">http://highered.colorado.gov/dpos</a>, 303-862-3001. There is a two-year statute of limitation (from the student's last day of attendance) on the student filing a complaint.

## **Refund Policy**

Students not accepted to the school are entitled to all moneys paid. Students who cancel this contract by notifying the school within three (3) business days are entitled to a full refund of all tuition and fees paid. Students, who withdraw after three (3) business days, but before commencement of classes, are entitled to a full refund of all tuition and fees paid except the maximum cancellation charge of \$150.00 or 25% of the contract price, whichever is less. In the case of students withdrawing after commencement of classes, the school will retain a cancellation charge plus a percentage of tuition and fees, which is based on the percentage of contact hours attended, (if training is offered as distance education: "based on the percentage of number of lesson completed")\*in the Program/Stand Alone Course, as described in the table below. The refund is based on the official date of termination or withdrawal.

### Refund Table

Refund
90% less cancellation charge
75% less cancellation charge
50% less cancellation charge
25% less cancellation charge
NO Refund

- 1. The student may cancel this contract at any time prior to midnight of the third business day after signing this contract.
- 2. All refunds will be made within 30 days from the date of termination. The official date of termination or withdrawal of a student shall be determined in the following manner:
  - a. The date on which the school receives written notice of the student's intention to discontinue the training program; or
  - b. The date on which the student violates published school policy, which provides for termination.
  - c. Should a student fail to return from an excused leave of absence, the effective date of termination for a student on an extended leave of absence or a leave of absence is the earlier of the date the school determines the student is not returning or the day following the expected return date.
- 3. The student will receive a full refund of tuition and fees paid if the school discontinues a program/Stand Alone course within a period of time a student could have reasonably completed it, except that this provision shall not apply in the event the school ceases operation.
- 4. The policy for granting credit for previous training shall not impact the refund policy.

